

**HOSTED BY THE CORY HOLLY INSTITUTE**

**SATURDAY AUGUST 1<sup>ST</sup> 2011**

**VERNON THROWS CHALLENGE**

**HAMMER-JAVELIN-DISCUS R1 COMPETITION**

**GREATER VERNON ATHLETICS PARK**



**Spectators Welcome!**

**Meet Schedule**

11:00 am Competition 12:00 pm

Javelin Competition 5:00 pm

Hammer Competition 6:00 pm



**Sanctioned by BC Athletics Canada**

- Open Hammer, Javelin & Discus R1 Competition (Classic Throws)
- Ages 12 and Up including Masters (Male/Female)
- Competition medals, gold, silver and bronze with customized logo

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