

BOYS		GIRLS	
13 years	3 kg	13 years	3 kg
Midget (14-15 years)	4 kg	Midget (14-15 years)	3 kg
MEN		WOMEN	
Youth (16-17 years)	5 kg	Youth (16-17 years)	3 kg
Junior (18-19 years)	6 kg	Junior (18-19 years)	4 kg
Senior (20+ years)	7.26 kg	Senior (20+ years)	4 kg
MEN (MASTER)		WOMEN (MASTER)	
35-49 years	7.26 kg	35-49 years	4 kg
50-59 years	6 kg	50-59 years	3 kg
60-69 years	5 kg	60-74 years	3 kg
70-79 years	4 kg	75+ years	2 kg
80+ years	3 kg		